



## Start of the 'P.U. Bois le Duc academy'

As in the previous years, training sessions will be provided again in 2024. Hans van Woerkum (Head Coach) and Rini van Woerkum (Assistant Coach) do this free of charge for interested association members. The first training is, weather permitting, scheduled for **Tuesday, April 2<sup>nd</sup>** and starts at **7:15 PM**. The training takes an average of one hour. Following the training, we play a mêlée match (mixed match) to immediately put what we have learned into practice.

### The Training Committee consists of:



**Hans van Woerkum**  
Head Coach



**Rini van Woerkum**  
Assistant Coach

Training takes place with one large group: recreational and competitive players mixed together. This allows participants to learn from each other but also to get to know each other. During the training various topics are covered such as posture, throwing styles and tactics, all this through basic exercises.

The training is accessible to everyone regardless of level (or age!). You will soon notice that your game, and with it your enjoyment of the game, improves by leaps and bounds after some basic training.

We, the trainers, would like to see you at our first training on **Tuesday, April 2<sup>nd</sup>**. Walk-in from 7:00 PM, the training starts at **7:15 PM** → Please be on time!

**NOTE:** feel free to bring a guest! 😊





## Training dates 2023

Training takes place every two weeks. Applicable for every training: walk-in from 7:00 PM, the training starts at **7:15 PM** → Please be on time!

### The following dates have been set for the time being:

Tuesday, April 2<sup>nd</sup> 2024

Tuesday, April 16<sup>th</sup> 2024

Tuesday, April 30<sup>th</sup> 2024

Tuesday, May 14<sup>th</sup> 2024

Tuesday, May 28<sup>th</sup> 2024

Tuesday, June 11<sup>th</sup> 2024

Tuesday, June 25<sup>th</sup> 2024

Tuesday, July 9<sup>th</sup> 2024

Tuesday, July 23<sup>rd</sup> 2024

Tuesday, August 6<sup>th</sup> 2024

Tuesday, August 20<sup>th</sup> 2024

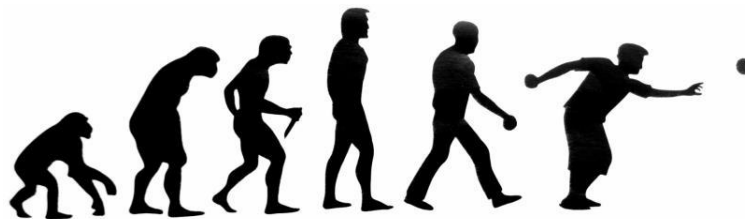
Tuesday, September 3<sup>rd</sup> 2024

Tuesday, September 17<sup>th</sup> 2024

**Optional:** Tuesday, October, 1st 2024 - Closure

### Questions and/or remarks?

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The evolution of the pétanque player.