

Pétanque: a game but also a real sport!

Did you know that 'jeu de boules', as 'pétanque' is often called, is not only a game but also a real competitive sport? In addition to the well-known recreational game, there are countless (inter-)national tournaments and competitions in which you can participate. The sport has European and World Championships and has even been nominated as an Olympic sport.

Just like with any other sport, you determine the level at which you want to play. If you only want to play recreationally at the association, fine! But if you're looking for more of a challenge, Pétanque Union Bois le Duc offers training sessions with which you can quickly improve your game in order to appear (even) stronger.

Exercising in the open air all year round: a healthy combination

Exercise in the open air is good for your health: there is no doctor who contradicts that. Pétanque can therefore be called a 'healthy' sport because you play outside for most of the year. Like most sports, pétanque is also an exercise sport that appeals to your condition. Did you know that a player can cover up to 20 km on a tournament day?

In winter, more and more people move to indoor accommodations that are equipped with all the dining and sanitary facilities in order to enable a pleasant practice of the sport. This allows you to play pétanque 365 days a year, regardless of weather conditions.

Pétanque and social contact

Pétanque is a very accessible sport, both physically and in terms of costs (only a set of boules is required). Anyone can participate, regardless of age or ethnicity. Young and old also play with each other, which contributes to greater understanding between and integration of different age and population groups. Pétanque is also an ideal distraction from the daily worries.

Game forms pétanque

Pétanque has three game forms: triplet, doublet and tête à tête. Different tournaments are organised for each game format. There are recreational tournaments where fun is paramount, but also so money tournaments where great playing strength is needed and one plays for (small) cash prizes.

The official form of play, however, is playing in triplet: all national and international championships and tournaments are played in triplet. This form of play is downright the most difficult because, in addition to good playing technique and tactics, there must also be good team spirit.

TRIPLET

2 teams of 3 people each play against each other.
Each player has 2 boules.

DOUBLET

2 teams of 2 people each play against each other.
Each player has 3 boules.

TÊTE À TÊTE

2 players play against each other.
Each player has 3 boules.



A vertical poster for Pétanque. At the top, a single boule is suspended in the air. Below it, the word 'PÉTANQUE' is written in large, bold, blue capital letters. Underneath, the words 'A COMPETATIVE & RECREATIONAL SPORT FOR YOUNG AND OLD' are written in black capital letters, with an ampersand between 'COMPETATIVE' and 'RECREATIONAL'. At the bottom, the text '... also in your area!' is written in red italicized font. The background of the poster shows a man in a black polo shirt and light blue shorts standing on a gravel path, gesturing with his hand. In the background, there is a wooden building and a sign that says 'BOULES UNION'. Several boules are scattered on the gravel path in the foreground.

Do you also want to play 'pétanque'?

Please feel free to contact us without any obligation or, better yet, just drop by on one of our playing days. We have plenty of boules to borrow so you can play right away! 😊

Our opening hours are:

- Monday evening : 7:00 PM - 11:00 PM.
- Wednesday afternoon : 1:00 PM - 5:00 PM.
- Thursday evening : 7:00 PM - 11:00 PM.
- Sunday afternoon : 1:00 PM - 5:00 PM.

Please note: our training is on Wednesday evening and is only accessible to association members.

Address and contact details

You will find our 16 jeu de boules courts right next to the club building of s.v. C.H.C., one of the oldest soccer associations in the city.



s.v. C.H.C.
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Do you want to know (even) more?

For (even) more information about Pétanque Union Bois le Duc, go to www.puboisleduc.nl. There you will find all kinds of information regarding the association, its board, photos, rules of the game, events, etc.



Brief game rules

1. The game 'pétanque' is played between 2 teams, each with 2 or 3 players, or tête à tête.
2. A draw determines which team starts.
3. From a circle with a diameter of 35 to 50 cm, a player of the team authorized to start (team A) throws the jack from a distance between 6 and 10 meters.
4. After this, a player from the same team throws a boule (with both feet in the circle!) as close to the jack as possible.
5. A team B player now tries to throw his boule closer to the jack. He can do this through a well-placed boule or a successful shot. Team B must keep playing until it is on point and therefore closer to the jack than team A.
6. After this it is team A's turn, again until it succeeds to get closer to the jack.
7. Both teams continue to throw this way (alternately) until one of them runs out of boules. Now the team that still has boules tries to throw them closer to the jack than the best played boule of the opposing team.
8. Any boule closer to the jack than the best of the opponents counts for 1 point.
9. The team that has won the throwing round (ie, scored points) then throws the jack again. This should be done in the opposite direction to the first round of throwing, again from a circle.
10. The winner is the team that is the first to score 13 points.

